

# Therapeutic services

Image



- Barnardos Haven Project offers one-to-one sessions for unaccompanied children, family sessions, school-based programmes, and support group  
Who is it for: children up to age 18 residents of North Lincolnshire
- CAMHS is an NHS service that provides therapy and emotional support for people with mental health challenges. You can find one in every local authority  
Who is it for: children and young people, including unaccompanied children.

- 'HEARTS' project by Children's Society and Solace provides advocacy support and therapeutic support  
Who is it for: young people aged 15-25 in West Yorkshire
- Chilypep's Children's Wellbeing Practitioners (CWP) provide therapeutic support up to 10 sessions of 30-40 minutes each.  
Who is it for: for children and young people up to age 18, willing to meet virtually and are based in Sheffield or Barnsley
- Multi- agency Psychological Support for Looked After Children – MAPS is a team of professionals who support the mental health.  
Who is it for: children and young people looked after by Sheffield City Council.
- Refugee Council 'My View' and 'My View Remote' also offers therapeutic support which includes up to 12 sessions and has capacity for up to three urgent interventions for those with more complex cases.  
Who is it for: children between 12 and 17 years who are in Yorkshire and Humber and remotely.
- Refugee Council 'Children and Families Wellbeing Support' provides free specialist child and family therapy service for children, families, and schools.  
Who is it for: the Vulnerable Persons and Children's Resettlement Schemes; the Gateway Protection Programme; the UK Resettlement Scheme and Afghan Resettlement Scheme and are in South Yorkshire.
- The Snowdrop Project provides support to survivors of modern slavery and exploitation, including casework, counselling and community activities.  
Who is it for: Anyone over 16 years old living in South Yorkshire with experience of exploitation, trafficking or modern slavery.

## **Contact for UASC hub**

Your contact for Yorkshire and Humber is:

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