## Wellbeing and other

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## Wellbeing

- Barnardos 'Positive Identities -Prouder Communities' provides support for LGBTQ young
  people through emotional and one-to-one support.
   Who is it for: children and young people aged 8-24 in North and West Yorkshire
- Chilypep 'Happy Group' provides support to integrate into their local communities and offer
  opportunities to influence and shape services available in the area.
   Who is it for: unaccompanied asylum-seeking children and young people up to age 25
- <u>'HEARTS'</u> project by Children's Society which provides advocacy support and therapeutic support

Who is it for: young people aged 15-25 in Leeds.

 Kaleido Arts for wellbeing CIC delivers wellbeing programmes to people who have been impacted by war, abuse, or loss through art-based workshops, for example writing, craft, drumming and drama.

Who is it for: young people based in Sheffield

- Kooth is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre.
   Who is it for: young people who have access to internet.
  - Youth in Mind offer one-to-one support, mentoring, peer groups and buddies. Who is it for: UASC with a proficient level of English in Craven and Bradford District

## **Other**

- Barnardos provides support to frontline professionals and foster carers to safeguard children who are trafficked. The service is available in North and West Yorkshire in our region.
  - <u>FYI Families and Young Persons Information (Bradford)</u> provides advice, information and signposting for families, children and young people.

Who is it for: professionals working with families and young people in Bradford District

 Nation Citizen Service (NCS) offer all sorts of new experience for personal and skills development.

Who is it for: young people aged 15-17 in the UK with a proficient level of English and who are willing to spend time away from home.

• PAFRAS 'Young Migrants Matters' offers both immigration casework and wellbeing support.

Who is it for: migrants' children and young people in Leeds.

- Refugee Council provides advice, information and guidance to unaccompanied children through their service <u>'Independent Unaccompanied Asylum-Seeking Children Support'</u> (IUSS)
- Refugee Council offer support through their '<u>Age Dispute Project</u>' for children who are age disputed by either the Home Office or local authorities.
- <u>Safe Passage 'Young Leaders'</u> provides workshops and training to develop leadership and campaigning skills, covering topics such as public speaking, media, filmmaking, storytelling and developing a voice to make a change.

Who is it for: young refugees and asylum seekers aged 16-25 based anywhere in the UK

- <u>Together Trust</u> offers one-to-one sleep clinics and online advice.
   Who is it for: local parents and carers in Bradford District and Craven, Trafford and Rochdale
- <u>Torture-ID</u> offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.
   Who is it for: professionals working with migrant children in Yorkshire and Humber
- <u>Twinkl LTD</u> provides free downloadable resources useful to assist young people with their mental wellbeing

Who is it for: UASC with a proficient level of English and with access to internet

## Contact for UASC hub

Your contact for Yorkshire and Humber is:

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