



*Information about where you can find help in Yorkshire and Humber.*

## **Wellbeing support**

### **Hongkongers in Britain**

Hongkongers in Britain (HKB) is a community organisation based in London but working across the UK. They provide range of services, including mental peer support and offloading service via 1-2-1 chat sessions on webchat, telephone, text or in-person

**Contact:** Instant Message Mental Peer Support Line:

- Telegram: @hkb\_mental\_peer\_support
- via +44 (0) 7936 998 707 on Signal, WhatsApp or Telegram
- register at [www.hongkongers.org.uk/mental-and-career-coaching](http://www.hongkongers.org.uk/mental-and-career-coaching)

**Open:** Tuesdays, Thursdays (10am-2pm & 6pm-10pm) and Saturdays (10am-6pm)

**Language:** Cantonese and English

## **Barnardo's Boloh Helpline**

'The Boloh Helpline' offers emotional support and six free sessions of psychotherapy delivered by qualified Barnardo's therapists. These sessions can take place remotely via telephone or online at a time that works for you.

**Contact:** 08001512605 or email [boloh.helpline@barnardos.org.uk](mailto:boloh.helpline@barnardos.org.uk)

**Open:** Monday – Friday (10am-8pm) and Saturday (10-3pm)

**Language:** English (Cantonese interpreter can be requested)

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## **Employment**

### **Migrant Help**

Migrant Help offers free help with employability skills, identifying transferable skills, CV writing, interview preparation, job seeking, training, qualification conversion, employment, self-employment, or business support.

Contact: [hongkongwelcome@migranthelpuk.org](mailto:hongkongwelcome@migranthelpuk.org) or 07815694990 (Nahida Ahmed)

Language: English (Cantonese interpreter available)

### **Connecting Opportunities**

Connecting Opportunities is a project working with new migrants to develop their skills and opportunities to find work and be part of the local community.

They offer tailored support, cultural orientation, English language classes and other training across West Yorkshire and part of North Yorkshire (Craven, Harrogate, Selby and York). For more information, visit our Connecting Opportunities page.

Contact: 0113 3788 700 or email [co@migrationyorkshire.org.uk](mailto:co@migrationyorkshire.org.uk)

Language: English (Cantonese interpreter can be requested)

### **Renaisi**

Renaisi runs online workshops designed for BNO visa holders seeking employment. The workshops cover three areas: preparing for work in the UK, applying for a job and interview skills.

For more information about the sessions visit <https://renaisi.com/services/mission-perm/>

Register for workshops here: <https://www.eventbrite.com/cc/hongkongers-in-britain-employment-support-179999>

**Language:** English

## **Hong Kong Nursing Association**

Hong Kong Nursing Association UK provides information, pastoral care, and support for Hong Kong Nurses in the UK. They have produced an Information guide for Hong Kong Nurses about working in England

**Contact:** [recruitment@hknauk.org](mailto:recruitment@hknauk.org)

**Language:** Cantonese and English

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## **Advice (including related to immigration matters)**

### **Kirklees Citizens Advice and Law Centre**

Kirklees Citizens Advice and Law Centre runs the [Hong Kong Settlement Scheme project](#), which provides bilingual (English and Cantonese) advice for BNO visa holders residing in Yorkshire and Humber.

They provide advice on:

- access to education, housing, healthcare, employment and more
- legal advice, including immigration advice

**Contact:** 07946100446 (Jenny), [HKSS@kcalc.org.uk](mailto:HKSS@kcalc.org.uk) or you can also [fill in this?contact form](#)

**Open:** Tuesdays (9:00-12:00) and Thursdays (13:00-16:00)

**Language:** Cantonese and English

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## **Social activities, peer support, informal English learning opportunities**

### **Sheffield Chinese Christian Church (SCCC)**

SCCC helps new arrivals in Sheffield and surrounding areas to settle into life in the UK. Help and activities are open to all Hongkongers, including individuals who are not part of the congregation.

**Location:** 1 Anns Road, Heeley, Sheffield. S2 3DJ, UK

**Contact:** Enoch Cheng on 07827 408838 and Pastor Joe Lam on 07599 59684.

**Language:** Cantonese and English

## **FaithAction**

Faith Action is a faith-based community organisation running 'Café Connect' projects to welcome Hongkongers with a space to practice English (informally), learn about local facilities and services, and befriending.

**Location:** 'Café Connect' in Leeds – St Barnabas Church, The View, Alwoodley, Leeds LS17 7NA

**Open:** Thursday between 10am and 12pm

**Contact:** 0113 265 4926 or [anne.smith@faithaction.net](mailto:anne.smith@faithaction.net) or [admin@stbarnabasalwoodley.org.uk](mailto:admin@stbarnabasalwoodley.org.uk)

**Language:** English only

## **Health For All**

Leeds based charity providing support across Yorkshire and Humber. They offer information, social activities, peer support and English learning opportunities

**Contact:** Kobiu Wong 07498734603 and Huazhu Liu 07930250508

**Language:** Cantonese and English

## **Hongkongers in Britain (Yorkshire and Humber)**

Hongkongers in Britain (HKB) also run local activities and social events across the UK. They have a dedicated outreach coordinator for Yorkshire and Humber.

**Contact:** [lai.ming.hui@hongkongers.org.uk](mailto:lai.ming.hui@hongkongers.org.uk)

**Language:** Cantonese and English

## **Welcome Churches UK**

Welcome Churches offers online events, job fairs and opportunity portal, Skills to Work Initiative, Friendship Festivals and a welcome course.

Contact: [info@welcomechurches.org](mailto:info@welcomechurches.org)

## **Contact us - Hong Kong Hub**

You can contact us in English or Traditional Chinese/Cantonese.

Find out how we look after your data here:

<https://www.migrationyorkshire.org.uk/privacy-notice-enquiries-hong-kong-welcome-programme>  
[HK@migrationyorkshire.org.uk](mailto:HK@migrationyorkshire.org.uk)  
[0113 378 8188](tel:01133788188)

## **Related information**

[BN\(O\) Visa Route](#)

[Hong Kong Welcome Programme Events](#)

[Presentations from our Hong Kong welcome events](#)

[Welcome information](#)

[Frequently asked questions about private housing](#)

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**Source URL:** <https://www.migrationyorkshire.org.uk/support-yorkshire-and-humber>