



Volunteering Support from Hull CVS

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Hull CVS – About us

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What is Volunteering?

Volunteering is described as:

"...An unpaid activity where someone gives their time to help a not for profit organisation or an individual who they are not related to."

Why volunteer?

- ❖ Give something back into the community in which you live or work
- ❖ Learn new skills strengthen English
- Provide experience or a stepping stone back into work
- Discover new interests
- Make new friends
- Learn about other cultures
- *Raise your self-esteem, gain in confidence or improve wellbeing
- Most importantly have fun!

The Hull Volunteer Centre Can help





Our Volunteer Centre provides a range of information and support for people who want to volunteer; for voluntary and community organisations who involve volunteers; and local businesses that engage their employees in team building volunteering.

Help from the Volunteer Centre

- Understand why you want to volunteer motivations. i.e. make new friends and learn new skills.
- Focus the tasks you want to undertake as a volunteer. i.e. support people who need help.
- Identify charity areas that you would like to volunteer within i.e. an organisations that supports the elderly.
- Identify opportunities that meet your requirements i.e. Befriender volunteer at Age Uk Hull

Volunteer opportunities



Current opportunities via Hull CVS - https://hullcvs.org.uk/community-projects/volunteer-centre/volunteer-opportunities/

Applying for a role

This varies from organisation to organisation, but we can help.

- This may include:
 - An application form
 - ❖An Interview
 - ❖ Reference requests can be a character reference
 - Criminal record checks

Host organisations

- ❖Will provide a great experience
- Provide a full induction
- ❖ Be flexible about the expectations of the role.
- ❖ Offer training for the role
- Provide supervision and support
- Reimburse travel and out of pocket expenses
- Ensure you are treated fairly.
- * Remember...if it doesn't work out other opportunities are available.

Accessing Hull Volunteer Centre Support

*Complete an <u>e-registrations form</u> and then have a follow-up conversation about motivations and interests.

Or

Email vc@hull-cvs.co.uk or call 01482 324474



Your Bright Ideas

- Hull CVS can help you set up your new group or charity and develop your aims, plan your activities, identify funding, advise on running your group effectively, and put you in touch with other groups or charities working in a similar area.
- This **free** service can help with any specific problems or questions you may have about starting up, provide advice around governance and the different legal structures available, and signpost you to other useful services and sources of information.



Funding and Grants

- Will offer one-to-one advice to get you growing.
- Will help you to find appropriate funding.
- Will advise on Do's and Don'ts
- **FREE** advice and support.





- Funded by a donation from The Sir James Reckitt Charity, Hull CVS runs a small grant scheme that provides grants of up to £200 to small volunteer run groups in the city of Hull.
- Starter Grants are intended to help new groups get established; and provide small grants of up between £150 and £200 to small voluntary run groups to pay for the things that they need to help them get off the ground.



Networking

- In Hull there are a variety of support networks, forums and alliances that work to represent people and organisations of the city.
- CVS seeks to utilise this range of opportunities to represent and advocate for the voluntary and community organisations in Hull.
- Our networks:
 - Volunteer Managers and Co-ordinators Network.
 - Loneliness Network
- *We can connect groups of interest together.

Thank you!



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