

Prince's Trust

# START SOMETHING

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### Who are we?

- Founded in 1976 by King Charles to improve the lives of disadvantaged young people in the UK.
- We support young people aged
   11-30
- Offer programmes to help young people build confidence, get jobs and start their own business

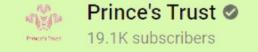


We have helped 950,000 young people to date and plan to help a further 1 million young people to transform their lives in the next 10 years.



"We believe that every young person should have the chance to embrace exciting opportunities. We are open to all young people aged 11 to 30 - no matter what obstacles they are facing. If they are willing to aim high — we are here to help them find the tools and confidence to try free courses and start careers."







We work all across the UK and also across the world in countries such as Australia, New Zealand, Canada and America.



We have a dedicated team with local programmes running in Yorkshire and Humber covering Leeds, Sheffield, Hull and Bradford!



The Prince's Trust has had the support of many high-profile stars across the worlds of music, fashion, sport, business and screen since it launched in 1976



## Our Programmes



## Get Into

The Get into programme gives unemployed, work ready young people aged 16-30 an opportunity to work with top employers who are ready to hire fresh talent, while improving your CV and interview techniques.

You will meet new people and learn what it takes to get your foot in the door.

Some courses include a trial shift with potential job offers available at the end.





#### WHAT YOU WILL GAIN:



#### **SECTOR SPECIFIC EXPERIENCE**

Gain sector specific skills, training and work experience



#### **WORK WITH THE EMPLOYER**

Work with committed and inspiring external partner



#### **SKILLS**

Improve employability skills



#### **JOB READY!**

Move into a sustainable job within the sector



"The programme gave me confidence I didn't know I had and the stepping stones I needed in order to flourish and progress into a career in retail. While with M&S I progressed from Customer Assistant to Section Co-ordinator and Customer Service Champion and was nominated as a Colleague Forum Representative."



## Gs Get Started

The Get into programme helps Young People develop new skills and build confidence, while having fun at the same time!

Our Get Started programme covers everything from music, boxing, and football to fashion and gives you a taste of an industry working directly with inspirational experts.

On this week-long programme you'll work towards a group challenge while developing your skills and confidence.





#### WHAT YOU WILL GAIN:



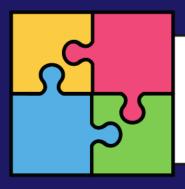
#### **INTENSIVE PROGRAMME**

A 5-day programme with a delivery partner



#### CONFIDENCE

Building confidence, Get Started is the perfect way to move forward in your life.



#### **PRACTICAL SKILLS**

Develop practical, transferable, on-the-job skills



#### **SECTOR EXPERIENCE**

Focused around a specific theme



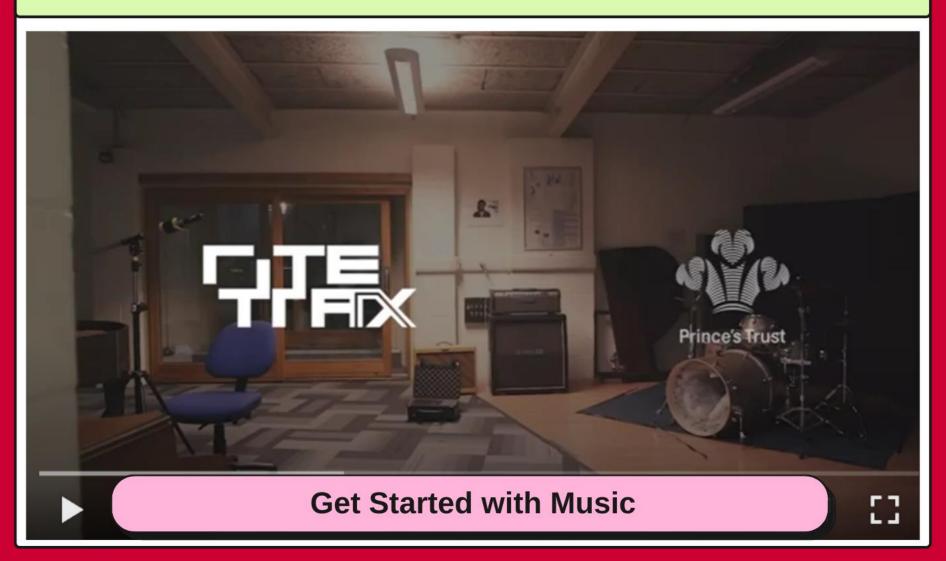
"If I'd known more about the opportunities at The Prince's Trust, I would have got involved a long time ago! I was looking for personal development courses while I looked for work, and I took part in the Get Started with Photography course, and then progressed onto a leadership course delivered by The Prince's Trust and Flying Start XP and an evening school in partnership with The Financial Times."



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## **Enterprise**

The Prince's Trust Enterprise programme offers support for young people aged 16-30 (both digitally and in person) who want to explore self-employment with the interest of starting up their own business.



#### STAGE 1: INFO SESSION





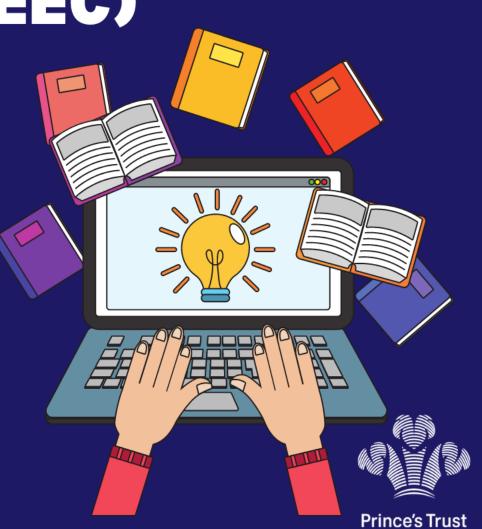
Our programme kicks off with a free information session (online) where the team can give you a clear understanding of the whole programme, how we can support you and, if you're still keen, we'll also invite you onto our interactive workshops



#### STAGE 2: EXPLORING ENTERPRISE COURSE (EEC)

The course covers foundational knowledge including Marketing, Selling, Finance and putting together a business plan.

During the course you'll get to meet likeminded people. The course can be online or in person at a local venue and last between two and four days.



## STAGE 3: BUSINESS BUILDING WITH YOUR MENTOR

After the EEC it's time to start building your business! We'll provide you with a mentor to support you as you plan and test your ideas. You'll even have the opportunity to apply for personal loans for business purposes.

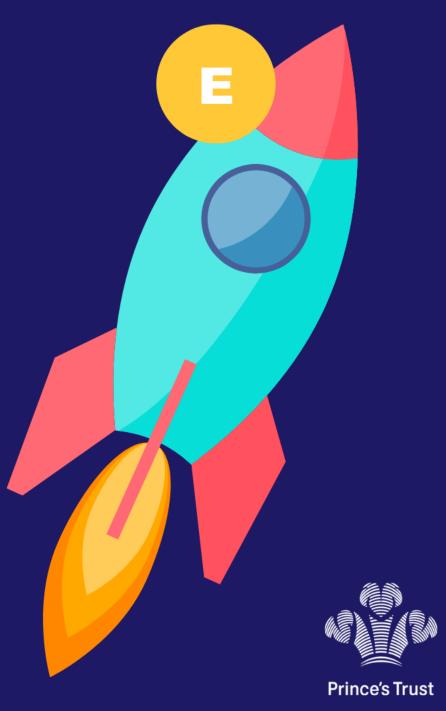
You will be given up to 12 months of 1-1 support with their business plan, cashflow, funding and any other support they need to get to business launch.



## STAGE 4: BUSINESS LAUNCH GROUP!

Before launch, you'll present your business plan to our Business Launch Group. Their job is to ensure your idea is viable and sustainable. There's also additional start-up finance support if you need it

After you have attends a business launch group with the trust, you can then access a business mentor support for up to 2 years post launch



"Although I knew a lot about the onfield stuff, it taught me so much about actually running a business and at the end I was amazed at how much I'd learned. But most importantly, The Trust made me feel proud of my idea, proud of my business."



## Team

Joining a group of up to 15 other young people, over 12-weeks you'll get to know each other through residential, community projects and work placements geared to help you gain new skills and improve your confidence.





#### YOU'LL BE CHALLENGED TO:

- Take on your own group community project, making a positive difference to the place where you live
- Take part in an action packed residential trip
- Get two weeks' work experience in something you're interested in
- Develop your English and Maths skills

As part of the course, we also spend some time developing your interview and CV skills to ensure your confidence is sky-high for when taking the next step.



## THREE OUT OF FOUR PEOPLE ON TEAM GO ON TO WORK OR COLLEGE COURSES WITHIN THREE MONTHS



#### **HOW IT WORKS:**

#### Week 1

Over this week, you'll start planning for the weeks ahead – setting out what you want to achieve and finding out how to get your qualifications.

#### Week 2

You'll spend this week away – trying new things and learning how to work with others. Trying canoeing, climbing, raftbuilding and much more.

#### **Week 3-6**

As a Team, you'll decide on a project to benefit your local community and carry it out. This gives you great experience to talk about at interviews.

#### **Week 7-8**

This is the time to see how the skills you've developed so far can help you in the workplace. It's also a great chance to try out a type of work, or company, to see whether you like it.

#### Week 9

You'll get help to write a fantastic CV, practice your interview skills and write applications.

#### **Week 10-11**

You and your Team will take on a challenge to help others in the community. This is when you get to test out all the skills you've developed.

#### Week 12

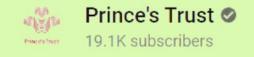
In your final week,
you'll deliver a
presentation – giving
you the chance to
show off the talents
you've discovered!







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## Development Awards

Get funding to train and learn! Our Development Awards can cover the cost of course fees, tools or equipment to help you achieve your goals.





### DEVELOPMENT AWARDS CAN SUPPORT:

- Accredited course fees up to Level 3
   (A-level equivalent)
- Tools, equipment or uniforms for a job or qualification
- Job licence fees
- Transport to a new job until your first pay slip

Whatever you might need to acheive your work, education or training goals!

### Get Skilled

Weekly online sessions supporting young people with employability and wellbeing skills and resources.

Learn about employability skills, get advice from Prince's Trust staff on how to craft a CV and work on communication skills to ensure you stand out in interviews.

Discover how to build resilience, boost your confidence, and take part in activities focusing on topics such as money management and building relationships.



#### **TUESDAYS**

- Employability skills
- CV crafting
- Interview skills
- Communication skills

#### **THURSDAYS**

- Resilience
- Confidence
- Money management
- Building relationships



## More Resources!



#### **POST PROGRAMME**

### Progression Mentoring:

By completing an application form to receive a Progression Mentor, young people will receive individualised support from their mentor in applying for jobs, education or further training.



- Mentors can help young people to set goals and targets for themselves, as well as creating realistic and achievable action plans to help move towards them.
- They are also able to offer employability support in the form of application help, CV building and help writing cover letters.
- Anyone eligible aged 16-30 can be matched with a progression mentor, who will work with them on a one to one basis for up to nine months.





#### FREE ONLINE TOOLS:

#### **Tools and resources**

From CV top tips to your first day at work, and everything in between, our **resources hub** is packed with features and videos to find the right job for you.









## Interested?





### Get In Touch!

**Email:** 

YHOutreach@princes-trust.org.uk

To find out more about any of our programmes!



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