

# Wellbeing and other

Image

mannequin reading

## Wellbeing

- Barnardos 'Positive Identities -Prouder Communities' provides support for LGBTQ young people through emotional and one-to-one support.  
Who is it for: children and young people aged 8-24 in North and West Yorkshire
- Chilypep 'Happy Group' provides support to integrate into their local communities and offer opportunities to influence and shape services available in the area.  
Who is it for: unaccompanied asylum-seeking children and young people up to age 25
- 'HEARTS' project by Children's Society which provides advocacy support and therapeutic support  
Who is it for: young people aged 15-25 in Leeds.
- Kaleido Arts for wellbeing CIC delivers wellbeing programmes to people who have been impacted by war, abuse, or loss through art-based workshops, for example writing, craft, drumming and drama.  
Who is it for: young people based in Sheffield
- Kooth is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre.  
Who is it for: young people who have access to internet.
- Youth in Mind offer one-to-one support, mentoring, peer groups and buddies.  
Who is it for: UASC with a proficient level of English in Craven and Bradford District

## Other

- Barnardos provides support to frontline professionals and foster carers to safeguard children who are trafficked. The service is available in North and West Yorkshire in our region.
- FYI – Families and Young Persons Information (Bradford) provides advice, information and signposting for families, children and young people.

Who is it for: professionals working with families and young people in Bradford District

- Nation Citizen Service (NCS) offer all sorts of new experience for personal and skills development.  
Who is it for: young people aged 15-17 in the UK with a proficient level of English and who are willing to spend time away from home.
- PAFRAS 'Young Migrants Matters' offers both immigration casework and wellbeing support.  
Who is it for: migrants' children and young people in Leeds.
- Refugee Council provides advice, information and guidance to unaccompanied children through their service 'Independent Unaccompanied Asylum-Seeking Children Support (IUSS)'
- Refugee Council offer support through their 'Age Dispute Project' for children who are age disputed by either the Home Office or local authorities.
- Safe Passage 'Young Leaders' provides workshops and training to develop leadership and campaigning skills, covering topics such as public speaking, media, filmmaking, storytelling and developing a voice to make a change.  
Who is it for: young refugees and asylum seekers aged 16-25 based anywhere in the UK
- Together Trust offers one-to-one sleep clinics and online advice.  
Who is it for: local parents and carers in Bradford District and Craven, Trafford and Rochdale
- Torture-ID offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.  
Who is it for: professionals working with migrant children in Yorkshire and Humber
- Twinkl LTD provides free downloadable resources useful to assist young people with their mental wellbeing  
Who is it for: UASC with a proficient level of English and with access to internet

## Contact for UASC hub

Your contact for Yorkshire and Humber is:

Delphine Jacobs - UASC Regional Coordinator  
[wyr@migrationyorkshire.org.uk](mailto:wyr@migrationyorkshire.org.uk)  
[0113 535 0119](tel:01135350119)

---

**Source URL:** <https://www.migrationyorkshire.org.uk/wellbeing-and-other>