## Wellbeing and other

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## Wellbeing

- <u>Barnardos</u> 'Positive Identities -Prouder Communities' provides support for LGBTQ young people through emotional and one-to-one support. Who is it for: children and young people aged 8-24 in North and West Yorkshire
- <u>Chilypep 'Happy Group'</u> provides support to integrate into their local communities and offer opportunities to influence and shape services available in the area.
   Who is it for: unaccompanied asylum-seeking children and young people up to age 25
- <u>'HEARTS'</u> project by Children's Society which provides advocacy support and therapeutic support
  Who is it for: young people aged 15-25 in Leeds.
- Kaleido Arts for wellbeing CIC delivers wellbeing programmes to people who have been impacted by war, abuse, or loss through art-based workshops, for example writing, craft, drumming and drama.
   Who is it for: young people based in Sheffield
- <u>Kooth</u> is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre. Who is it for: young people who have access to internet.
- <u>Youth in Mind</u> offer one-to-one support, mentoring, peer groups and buddies. Who is it for: UASC with a proficient level of English in Craven and Bradford District

## Other

- Barnardos provides <u>support to frontline professionals and foster carers to safeguard children</u> <u>who are trafficked</u>. The service is available in North and West Yorkshire in our region.
- FYI Families and Young Persons Information (Bradford) provides advice, information and signposting for families, children and young people.

Who is it for: professionals working with families and young people in Bradford District

- <u>Nation Citizen Service (NCS)</u> offer all sorts of new experience for personal and skills development.
   Who is it for: young people aged 15-17 in the UK with a proficient level of English and who are willing to spend time away from home.
- <u>PAFRAS 'Young Migrants Matters'</u> offers both immigration casework and wellbeing support.
   Who is it for: migrants' children and young people in Leeds.
- Refugee Council provides advice, information and guidance to unaccompanied children through their service <u>'Independent Unaccompanied Asylum-Seeking Children Support'</u> (IUSS)
- Refugee Council offer support through their '<u>Age Dispute Project</u>' for children who are age disputed by either the Home Office or local authorities.
- <u>Safe Passage 'Young Leaders'</u> provides workshops and training to develop leadership and campaigning skills, covering topics such as public speaking, media, filmmaking, storytelling and developing a voice to make a change.
   Who is it for: young refugees and asylum seekers aged 16-25 based anywhere in the UK
- <u>Together Trust</u> offers one-to-one sleep clinics and online advice.
  Who is it for: local parents and carers in Bradford District and Craven, Trafford and Rochdale
- <u>Torture-ID</u> offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.
   Who is it for: professionals working with migrant children in Yorkshire and Humber
- <u>Twinkl LTD</u> provides free downloadable resources useful to assist young people with their mental wellbeing Who is it for: UASC with a proficient level of English and with access to internet

## **Contact for UASC hub**

Your contact for Yorkshire and Humber is:

Delphine Jacobs - UASC Regional Coordinator wyr@migrationyorkshire.org.uk 0113 535 0119

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