

# Wellbeing and other

## Wellbeing

- Barnardos 'Positive Identities -Prouder Communities' provides support for LGBTQ young people through emotional and one-to-one support.  
Who is it for: children and young people aged 8-24 in North and West Yorkshire
- Bevan Health Care and Wellbeing offers primary clinical care to unaccompanied children and run an after-school club.  
Who is it for: children and young people aged 6-14 in Bradford
  - Children's society 'HEARTS' provides mentoring and befriending programmes.  
Who is it for: UASC who are in West Yorkshire
- Chilypep 'My Mind, My Life' offers support in identifying skills for personal development and emotional wellbeing.  
Who is it for: young people on CAMHS' waiting list and based in Sheffield
  - Chilypep 'BRV project' provides help to acquire tools to better manage emotions.  
Who is it for: boys and young men in Sheffield
- Chilypep 'Happy Group' provides support to integrate into their local communities and offer opportunities to influence and shape services available in the area.  
Who is it for: unaccompanied asylum-seeking children and young people up to age 25
  - Kaleido Arts for wellbeing CIC delivers wellbeing programmes to people who have been impacted by war, abuse, or loss through art-based workshops, for example writing, craft, drumming and drama.  
Who is it for: young people based in Sheffield
- Kooth is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre.  
Who is it for: young people who have access to internet.

- Youth in Mind offer one-to-one support, mentoring, peer groups and buddies.  
Who is it for: UASC with a proficient level of English in Craven and Bradford District

## Other

- Barnardos provides support to frontline professionals and foster carers to safeguard children who are trafficked. The service is available in North and West Yorkshire in our region.
- FYI – Families and Young Persons Information (Bradford) provides advice, information and signposting for families, children and young people.

Who is it for: professionals working with families and young people in Bradford District

- Nation Citizen Service (NCS) offer all sorts of new experience for personal and skills development.

Who is it for: young people aged 15-17 in the UK with a proficient level of English and who are willing to spend time away from home.

- PAFRAS 'Young Migrants Matters' offers both immigration casework and wellbeing support.

Who is it for: migrants' children and young people in Leeds.

- Refugee Council provides advice, information and guidance to unaccompanied children through their service 'Independent Unaccompanied Asylum-Seeking Children Support' (IUSS)

- Refugee Council offer support through their 'Age Dispute Project' for children who are age disputed by either the Home Office or local authorities.

- Safe Passage 'Young Leaders' provides workshops and training to develop leadership and campaigning skills, covering topics such as public speaking, media, filmmaking, storytelling and developing a voice to make a change.

Who is it for: young refugees and asylum seekers aged 16-25 based anywhere in the UK

- Together Trust offers one-to-one sleep clinics and online advice.

Who is it for: local parents and carers in Bradford District and Craven, Trafford and Rochdale

- Torture-ID offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.

Who is it for: professionals working with migrant children in Yorkshire and Humber

- Twinkl LTD provides free downloadable resources useful to assist young people with their mental wellbeing  
Who is it for: UASC with a proficient level of English and with access to internet

## **Contact for UASC hub**

Your contact for Yorkshire and Humber is:

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